

# Nourishment for your marriage

LET ME NOT TO THE MARRIAGE OF TRUE MINDS  
ADMIT IMPEDIMENTS. LOVE IS NOT LOVE  
WHICH ALTERS WHEN IT ALTERATION FINDS,  
OR BENDS WITH THE REMOVER TO REMOVE:  
O, NO! IT IS AN EVER-FIXED MARK,  
THAT LOOKS ON TEMPESTS AND IS NEVER SHAKEN;  
IT IS THE STAR TO EVERY WANDERING BARK,  
WHOSE WORTH'S UNKNOWN, ALTHOUGH HIS HEIGHT BE TAKEN.  
LOVE'S NOT TIME'S FOOL, THOUGH ROSY LIPS AND CHEEKS  
WITHIN HIS BENDING SICKLE'S COMPASS COME;  
LOVE ALTERS NOT WITH HIS BRIEF HOURS AND WEEKS,  
BUT BEARS IT OUT EVEN TO THE EDGE OF DOOM.  
IF THIS BE ERROR, AND UPON ME PROVED,  
I NEVER WRIT, NOR NO MAN EVER LOVED.

– SHAKESPEARE, SONNET 116



Come to our fourth Married Couples' Retreat, to be held at the Refuge this coming January 18-20, 2018.

Why come?

To afford older couples a way to support younger ones, and for the younger to inspire the older. To give couples time for "the between," both for those with children, and those without. To give couples who feel strong in their relationship a chance

to enjoy and explore it. To give couples who feel struggles in their relationship a way to meet them together. To give time alone with your spouse, and time with other couples. To learn anew how to pray with one another.

In total, to support the well-being of our married couples.

Suggested fee for the weekend: \$250 per couple (subsidies are available upon request). Donations are tax deductible.

Sponsored by St Silouan Parish, with the support of St Mary of Egypt Refuge and St Macrina Counselling Services.

For further info, RSVP, etc., [info@stmarysrefuge.org](mailto:info@stmarysrefuge.org).